



“More Than a Game”

The First Tee of New Hampshire
22 North Road, North Hampton, NH 03862
603-964-3033
www.TheFirstTeeNH.org



2010 - PROGRAM OVERVIEW & FEES

The First Tee of New Hampshire's program offers unique and fun learning opportunities for young people from ages 5 - 17. The program utilizes the unique game of golf, and its core values and traditions, to teach values and life skills to young people of all backgrounds, especially those who might not otherwise ever have an opportunity to experience the game of golf.

Participating children work on 9 Core Values: **Courtesy, Respect, Judgment, Responsibility, Sportsmanship, Confidence, Honesty, Integrity, and Perseverance (CR JRS CHIP)**. In addition participants work on a progression of Life Skills (introducing oneself, goal setting) and golf skills (including set-up, putting, chipping, pitching, bunker shots, full swing, the rules of golf and etiquette). Over time, participants are encouraged to work through PLAYER, PAR, BIRDIE and EAGLE levels of achievement. The First Tee of New Hampshire also offers an introductory program for participants ages 5-6 using equipment especially designed for them. This program is our TARGET level.

The following is a brief outline of our curriculum based on level. This chart should be considered a guideline only as the curriculum may be adjusted to meet the needs of the students participating. It is also common for some students to take longer to achieve a particular level and yet others may progress more rapidly.

LEVEL	DEFINITION	ESTIMATED TIME IN EACH LEVEL	SAMPLE OF LIFE AND GOLF SKILLS COVERED	PRICE
TARGET	Participants exposed to golf by way of a clinic, through an in-school program, or through our SNAG program for ages 5-6.	Attend one session and move on to PAR, unless you are under the age of 7. SNAG participants may sign-up and attend as many sessions as they would like to.	T ake Aim A nycan play R espect G olf is a game E njoy yourself T ry it G olf: Putting, chipping, full swing	TARGET Programs: \$35 for one 3-day session
PLAYEr	A new level towards First Tee certification which focuses on learning the basics of golf and The First Tee Code of Conduct.	Depending on age and skill, anywhere from 4 – 12 sessions. Sessions are generally made up of three-2 hour classes.	Appreciate the rules Appreciate the etiquette of golf Develop your game Intro to Nine Core Values Begin on-course play	\$85 for 3-day session Multi session discounts: \$150 for two 3-day sessions \$235 for three 3 day-sessions \$320 for four 3-day sessions \$400 for five 3-day sessions
PAR	Working towards PAR certification; anyone ages 8-17 may participate	Depending on age and skill, anywhere from 4 – 12 sessions Sessions are generally made up of three 2-hour classes.	Meeting and Greeting Staying cool Respect for others Personal Par Nine core values Golf rules Putting, chipping, pitching, set-up, Full-swing, bunker shots	\$85 for 3-day session Multi session discounts: \$150 for two 3-day sessions \$235 for three 3-day sessions \$320 for four 3-day sessions \$400 for five 3-day sessions
BIRDIE	Participant has passed the Par certification test, which includes written and skill tests and are now working towards Birdie certification	Depending on age and skill, anywhere from 4-12 sessions Sessions are generally made up of three 2-hour classes.	Goal setting, Self-management Dealing with challenges Continuing golf fundamentals Instruction on all types of shots More on - course play	\$85 for 3-day session Multi session discounts: \$150 for two 3-day sessions \$235 for three 3-day sessions \$320 for four 3-day sessions \$400 for five 3-day sessions
EAGLE	Participant has passed the Birdie certification test, which includes written and skill tests and are now working towards Ace certification	Depending on age and skill, anywhere from 6 –12 sessions Sessions are generally made up of three 2-hour classes.	Stay well for life, Dealing with conflicts, Become a Go-To Person, Planning for the future, Continuing golf fundamentals, Instruction on all types of shots Mentor other golf students More on – course play	See attached Eagle participant guide.
Advanced Week-Long Program	Participants will attend week-long camp and will engage in a broad range of activities designed to speed their progress toward certifying them to the next level, i.e. PAR participants to BIRDIE.	Program is for participants who have been with TFTNH program for the last 2-3 years and would like to advance more rapidly. Participants will have the opportunity to test to the next level at the conclusion of the week!	Program will include: Core Values Golf Skills On-course play Course and range maintenance The business of golf Certification testing	\$300 for 5 day camp Monday through Friday 8:30 am – 3:30 pm (Pizza Party lunch on Friday)



The First Tee Nine Core Values

The First Tee has established Nine Core Values that represent some of the many inherently positive values connected with the game of golf. These Nine Core Values have been incorporated into The First Tee Experience and have been used to name golf holes at several of The First Tee facilities.

1. **Honesty** - the quality or state of being truthful; not deceptive
Golf is unique from other sports in that players regularly call penalties on themselves.
2. **Integrity** -strict adherence to a standard of value or conduct. Personal honesty and independence.
Golf is a game of honesty, etiquette and composure. You are responsible for your actions and personal conduct on the golf course.
3. **Sportsmanship**- observing the rules of play and winning or losing with grace.
You must know and abide by the rules of golf and be able to conduct yourself in a respectful manner.
4. **Respect**- to feel or show deferential regard for; esteem.
In golf, it is important to show respect for yourself, your partners, your opponents and the golf course as well as for the honor and traditions of the game.
5. **Confidence**- reliance or trust. A feeling of self-assurance
Confidence plays a key role in the level of play that you achieve. You must have confidence in your abilities every time you play.
6. **Responsibility**- accounting for one's actions; dependable.
In golf, you are responsible for yourself and your actions on the golf course. It is up to you to keep score, repair divots, rake bunkers, repair ball marks on the green and keep up with the pace of play.
7. **Perseverance** - to persist in an idea, purpose or task despite obstacles.
To succeed in golf, you must learn to persevere through bad breaks and your own mistakes.
8. **Courtesy** - considerate behavior toward others. A polite remark or gesture.
A round of golf should begin and end with a handshake between fellow competitors. Show courtesy toward others by remaining still and quiet while they prepare and execute a shot.
9. **Judgment** - the ability to make a decision or form an opinion. A decision reached after consideration.
Using good judgment is critical in golf. It comes into play when deciding on strategy, club selection, when to play safe and when to take a chance, the type of shot you consider executing, as well as understanding and abiding by etiquette.



PROGRAM SCHEDULE FOR 2010 SEASON

Please be sure to review schedule and complete registration form using our session number, date, time, and location.

Many of our sessions have been designated to local recreation departments or youth organizations.

We have noted these programs under "Group Attending" and they are also shaded.

All other programs are open to the public.

If you would like to sign up for a reserved program, please contact your local recreation department or youth organization. Thank you.

Session #	Days	Time	Location	Skill Level	Group
May					
5P-1	4, 11, 18 (Tuesdays)	3:30 - 5:30 pm	SAG	Par	Rye Rec + N. Hampton Rec + Public
5PL-1	6, 13, 20 (Thursdays)	3:30 - 5:30 pm	SAG	PLAYer	Public
5P-2	5, 12, 19 (Wednesdays)	3:30 - 5:30 pm	SAG	Par	Parent/Child (Public)
5T-1	1, 8, 15 (Saturdays)	9:30 - 10:30	SAG	Target	N. Hampton Rec + Public
5T-2	1, 8 15 (Saturdays)	11:00 - 12:00	SAG	Target	Public
June					
6T-3	5, 12, 19 (Saturdays)	12:00 - 1:00 pm	SAG	Target	Rye Rec + Stratham Rec + Public
6T-4	5, 12, 19 (Saturdays)	1:30 - 2:30 pm	SAG	Target	Hampton + N. Hampton Rec
6P-3	3, 10, 17 (Thursdays)	3:30 - 5:30 pm	SAG	Par	N. Hampton Rec + Stratham Rec + Public
6P-4	22, 23, 24 (T, W, Th)	9:00 - 11:00 am	SAG	Par	Hampton + N. Hampton Rec
6P-5	29, 30, July 1 (T, W, Th)	9:00 - 11:00 am	SAG	Par	N. Hampton Rec + Stratham Rec + Public
6P-6	29, 30, July 1 (T, W, Th)	1:00 - 3:00 pm	SAG	Par	Dover Housing
6P-7	28, 29, 30, July 1, 2	1:00 - 3:00 pm	SAG	Par	YMCA Gundalow
6PL-2	1, 8, 15 (Tuesdays)	3:30 - 5:30 pm	SAG	PLAYer	Public
6B-1	22, 23, 24 (T, W, Th)	1:00 - 3:00 pm	SAG	Birdie	Stratham + Public
July					
7T-5	12, 19, 26 (Mondays)	10:00 - 11:00 am	SAG	Target	Rye Rec + Stratham Rec + Public
7T-6	12, 19, 26 (Mondays)	11:30 - 12:30	SAG	Target	Stratham Rec + N. Hampton Rec. + Public
7T-7	31, Aug. 7, 14 (Saturdays)	3:00 - 4:00 pm	Ledges	Target	Eliot + York
7P-8	5, 6, 7 (M, T, W)	12:00 - 2:00 pm	Ledges	Par	York + Public
7PL-3	6, 7, 8 (T, W, Th.)	1:00 - 3:00 pm	SAG	PLAYer	Public
7P-9	5th - 16th (M - F)	1:00 - 3:00 pm	AppleHill	Par	YMCA Lincoln
7P-10	6, 7, 8 (T. W. Th)	9:00 - 11:00 am	SAG	Par	Rye Rec + Public
7P-11	19, 20, 21 (M, T, W)	12:00 - 2:00 pm	Ledges	Par	Eliot + York
7P-12	20, 21, 22 (T, W, Th.)	1:00 - 3:00 pm	Sunningdale	Par	SYC
7P-13	20, 21, 22 (T, W, Th.)	1:00 - 3:00 pm	SAG	Par	Public
7PL-4	27, 28, 29 (T, W, Th.)	1:00 - 3:00 pm	SAG	PLAYer	Public
7PL-5	6, 13, 20, 27, Aug. 3, 10 (Tues)	6:00 - 7:00 pm	SAG	PLAYer	N. Hampton Rec + Public
7B-2	20, 21, 22 (T, W, Th.)	9:00 - 11:00 am	SAG	Birdie	Public
PLADV	19 - 23 (M - F) ***	8:30 - 3:30	SAG	PLAYer/Adv.	Public
PADV	26 - 30 (M - F) ***	8:30 - 3:30	SAG	Par/Adv.	Public
August					
8P-14	2nd - 13th (M - F)	1:00 - 3:00 pm	Applehill	Par	YMCA Lincoln
8P-15	2, 3, 4 (M, T, W)	12:00 - 2:00 pm	Ledges	Par	York + Public
8B-3	3, 4, 5 (T, W, Th.)	9:00 - 11:00 am	SAG	Birdie	Public

8P-16	3, 4, 5 (T, W, Th.)	1:00 - 3:00 pm	SAG	Par	Public
8P-17	10, 11, 12 (T, W, Th)	9:00 - 11:00 am	SAG	Par	Public
8PL-6	10, 11, 12 (T, W, Th)	1:00 - 3:00 pm	SAG	PLAYer	Stratham Rec + Public
8P-18	16, 17, 18 (M, T, W)	12:00 - 2:00 pm	Ledges	Par	York + Public
8P-19	17, 18, 19 (T, W, Th.)	9:00 - 11:00	SAG	Par	Public
8PL-7	17, 18, 19 (T, W, Th.)	1:00 - 3:00	SAG	PLAYer	Public
8T-8	6, 13, 20 (Fridays)	9:00 - 10:00 am	SAG	Target	N. Hampton Rec. + Public
8T-9	6, 13, 20 (Fridays)	10:30 - 11:30 am	SAG	Target	Public
BADV	15 - 19 (M - F) ***	8:30 - 3:30	SAG	Birdie/Adv.	Public
Eagle Programming - Golf Outings on Mondays, starting June 28th - Locations TBD Classes on Tuesdays and Thursdays, starting June 22nd from 4:00 - 6:00 pm at Sagamore Golf Center					
SAG = Sagamore Golf Center					
*** Please speak to one of our coaches before signing up for an advanced week long program.					

Please visit the "Locations" section of our web page for participant playing specials and discounts at affiliate courses around the state!



Program Registration and Permission Form

(Please complete both sides)

Today's Date: _____ New Participant?: _____ Returnee?: _____ Participant Since _____ /20 _____

Youth Information

Name: _____ Gender _____ Female _____ Male _____
(First, Last)

Address: _____ City: _____ State: _____ Zip Code: _____

Age: _____ Birth Date (___ / ___ / ___) School: _____ Grade Level: _____

Parent/Legal Guardian: _____ Relationship: _____
(First, Last)

E-mail Address: _____ Phone(work): _____ (home) _____ (cell) _____

I heard about The First Tee from: friend _____ TV/Media _____ Attended in-school program _____

I am registering through: Rec Department: _____ Youth Organization: _____ On my own: _____

Participation Consent Form completed by: _____ Mother _____ Father _____ Legal Guardian _____

Ethnicity: _____ African-American _____ Asian-American _____ Caucasian _____ Hispanic _____
_____ Native-American _____ Pacific-Islander _____ Other _____ I do not wish to respond _____

Health and Emergency Information:

Please list any allergies, disabilities or other health issues that we should know about: _____

Emergency Contact: _____ Relationship/Phone#:: _____
(if parent/guardian cannot be reached)

Alt Emergency Contact: _____ Relationship/Phone#:: _____

In the event that I cannot be reached in an emergency, I agree to accept any and all determinations of need for medical assistance and/or administration of medical attention deemed necessary by The First Tee Chapter representatives. I hereby give permission to the medical personnel selected by The First Tee Chapter representatives to secure any and all medical, hospitalization, dental, and/or surgical treatment. In event that such medical attention is needed from a healthcare provider, all costs shall be the responsibility of the parent or guardian.

Parent/Guardian Initials: _____

Equipment

I understand that any golf equipment received for use is the property of The First Tee program, and may be returned at the discretion of The First Tee facility upon the termination of the participant's involvement in the program.

Parent/Guardian Initials: _____

Media Release

I hereby give The First Tee Chapter, Headquarters Office and participating agencies permission to use film, video tape and/or photographs of the above mentioned minor for lawful promotional or informational purposes.

Parent/Guardian Initials: _____

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Golf Information

Please circle: Right Handed Left Handed Don't Know

Please circle: I will bring my own clubs I will need clubs provided
*TFTNH has plenty of clubs and we always have them available

Amount of Golf Experience (Please circle): None Very Little Moderate Quite a bit A lot

Program Registration and Permission Form

Program Selection and Payment

Session Number(s): _____ Date: _____ Time: _____ Location: _____

Additional Session Number(s): _____ Date: _____ Time: _____ Location: _____

Total Amount Due (see table below): _____ Amount Paid: _____

Payment Type (Please circle): Check (made out to *The First Tee of New Hampshire*) MasterCard Visa

Credit/Debit Card Number: _____ Expiration Date: _____

Name on Card: _____ Signature: _____

Registration forms must be received two weeks prior to the session. Space is limited and will be filled on a first come, first served basis. Payment must be received to confirm your spot.

COST OF SESSIONS	One Session	Two Sessions	Three sessions	Four Sessions	Five Sessions
PLAYer, PAR, or BIRDIE 3-day session	\$85	\$150	\$235	\$320	\$400
TARGET (Ages 5-6)	\$35	N/A	N/A	N/A	N/A
Advanced Program (one week)	\$300	N/A	N/A	N/A	N/A

***** Note: Multiple session discounts only apply when signing up for all sessions at the same time.**

I, the parent/legal guardian of the above named youth, give approval for participation in The First Tee sponsored activities. I assume all risks of injury whatsoever and agree to hold harmless The First Tee Chapter and Headquarters Office from claim(s) of any nature arising from any activity, including transportation, connected with The First Tee facility or program. This hold harmless agreement includes, but is not limited to, any claim due to injury proximately resulting from negligence of The First Tee Chapter or Headquarters Office, its employees, agents, LPGA and PGA Professionals, participating agencies, and volunteers. I consent to The First Tee Chapter and Headquarters Office communicating information regarding my child's participation via the internet.

Parent/Guardian Signature: _____ Date: _____

Please Print Name: _____

After completing this form, please mail it to (address is at the bottom of the page) or drop it off at Sagamore Golf Center at the same address. Thank you!

OFFICE USE ONLY:

Amt Paid: _____ Payment Type: Check #: _____ Credit: _____ Debit: _____

Log: _____ TFT DB: _____

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Frequently Asked Questions for Parents and Participants

1. What should kids expect?

To have fun – while learning some Life and Golf Skills.

2. What is expected of kids?

- To arrive 10 minutes prior to session start time to sign in;
- To be dressed appropriately (no jeans, tank tops or ripped shirts; collared shirts are preferred but not required. Participants must wear sneakers or golf shoes and, if necessary, bring a rain slicker or jacket);
- To be respectful and courteous to other members of the program and program staff;
- To respect other people who are working on their golf game at the same site;
- To handle equipment safely and appropriately.

3. Where do kids get dropped off and sign-in?

Parents may drop their children off at the main club house. At Sagamore Golf Center, participants should come inside the club house and continue to the lower level where they can sign-in and receive clubs if needed. Please drive very slowly and carefully at all times at any of the locations.

NOTE: Parents of TARGET participants need to sign their children in and out and be sure to communicate with the staff if someone else will be picking up their children.

4. Do you provide equipment or do the participants need to bring their own clubs?

TFTNH provides equipment, but participants are also allowed to bring their own equipment. We suggest that all clubs are marked as we can not be responsible for lost items.

5. Are snacks or drinks provided?

TFTNH will make an effort to have water on hand for the kids, and there are drinks and snacks available for sale at all of the clubhouses. Kids may bring their own snacks or drinks. Water is recommended.

6. What kind of screening do you do for your staff and volunteers to ensure my child's safety?

We conduct background checks, which include Criminal and Sex Offender searches.

7. Do you have a disciplinary policy?

Yes, we do. For minor offenses, such as fooling around, not listening to the instructor or ignoring the rules, participants will receive a verbal warning from an instructor or volunteer. If the behavior continues, the participant will be asked to sit out for 5-10 minutes to regain his/her composure and to think about how he/she could handle himself better. If a third warning is necessary, the parents will be notified of the day's events.

For major offenses, such as using profanity, use of verbal or physical abuse to others, destruction of property or other such behavior, parents will be notified immediately and the participant will be suspended from the program.



Frequently Asked Questions for Parents and Participants
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8. Where do I call if I can't make it to one of the days during my session, and can I come another day as a make-up?

Call TFTNH general number, 964-3033. Any non-weather related re-scheduling must be coordinated with the TFTNH staff, and is on a time/space available basis.

9. Are classes cancelled and if so, how will I know and will there be a make-up class?

Unfortunately on a rare occasion, we may need to cancel a class because of bad weather or other safety concerns. If the weather is questionable, please call 603-964-3033 for information. If you are unable to get confirmation from our number, please call the location directly, all numbers are listed below. Generally, cancellations are only necessary under extreme cases of rain or if there is thunder and/or lightening. Additionally we may have to cancel for extreme heat if the safety and well being of our participants and staff is at risk.

10. Where can I reach someone in an emergency while my child is attending TFTNH?

Please call the location directly, see numbers below...

11. After my child completes a session of TARGET, can he/she attend a regular session of TFTNH?

If your child is 6 and attends a session of TARGET, please discuss their eligibility for our PLAYER level with his/her TARGET instructor. Any changes in level are subject to the approval of the TFTNH Coaches.

12. What are the phone numbers for your programming locations?

Sagamore Golf Center, North Hampton, NH – 603-964-8393
The Ledges Golf Club, York, ME – 207-351-9999
Apple Hill Golf Course, Kingston, NH 603-642-4414

13. How can I get involved in TFTNH?

As a non-profit organization there are many ways you can help us sustain this important program, including, volunteering and donations. For more information, please visit our web-site at www.TheFirstTeeNH.org and review our Volunteer area or call us at 603-964-3033.

14. Are there playing discounts available to participants at any of the affiliate locations or other golf courses?

We are currently finalizing all the details, but yes there will be some benefits to our participants and opportunities to practice their game at reduced rates. Please check our web site for updates, www.TheFirstTeeNH.org.

15. What should I do if my child has serious allergies that may require the use of an Epi-pen?

If your child has allergies (such as food and bee stings), please be sure they have an Epi-pen with them and that you alert the instructor.

16. What about bug spray or sunscreen?

If necessary, and at your discretion, please be sure you or your child has applied sunscreen and/or bug spray as we are not allowed to supply these items to the participants.



The First Tee Participant Opportunities

A/B Honor Roll

Twice annually, Chapters report to the home office their participants who have earned all As and/or Bs (or the equivalent) on their report cards. All participants, regardless of age, are eligible for this recognition. At the end of each semester, participants should bring their report card to their Chapter. A member of the staff should verify the grades, and indicate such in the database record of the participant under Participant Tracking. The home office pulls the current list from the database and creates high-quality certificates which are then signed by executive director Joe Louis Barrow, Jr. The certificates are mailed directly to the Chapter for distribution.

Future Leaders Forum

The First Tee home office brings 50 participants to Walt Disney World Resort in Orlando, Florida in November for three days. The future leaders participate in held hands-on, interactive sessions on customer service, PGA TOUR tournament management, agronomy, researching colleges, and educational requirements for chosen career fields. This program is among the most intense training sessions available for The First Tee participants. It also includes an immersion in the sport, business and science of golf and provides character education to help prepare The First Tee participants to be tomorrow's leaders.

Life Skills & Leadership Academies

Each summer, selected participants of The First Tee attend the Life Skills and Leadership Academies, where they play championship golf, participate in life skills activities and career exploration, experience dorm living and meet a wide variety of young people from around the world. The overall purpose of the Academies is to provide participants with valuable character education and leadership instruction.

Participant Selection Process

The First Tee will host two Participant Selection Process events in 2009 to fill 70 junior spots in the Walmart First Tee Open at Pebble Beach presented by Nature Valley. The participant selection process is exclusively for junior golfers ages 14 – 18 that are active participants at The First Tee Chapters. The remaining eight spots in the tournament are exemptions awarded by the Monterey Peninsula Foundation.

Scholars Program

The Scholars Program's focus is to identify and designate participants from a scholarly and leadership perspective while adding value to their personal resume for a variety of future career and college experiences. The designation of Scholar brings with it eligibility for scholarship opportunities available both within and outside The First Tee network. A Scholar of The First Tee exhibits leadership and abundant community service, along with academic excellence, while continuing to contribute to their local Chapter of The First Tee through mentoring and/or tutoring opportunities. Scholar's program applications are accepted once per year from seniors in high school who meet the minimum requirements.

The First Tee Open at Pebble Beach

presented by Nature Valley

Each Labor Day weekend (August 31 - September 6, 2009), the Walmart First Tee Open at Pebble Beach presented by Nature Valley showcases the talent and character of young people who participate at The First Tee facilities worldwide. An official Champions Tour event, the tournament pairs one junior with a Champions Tour player and two amateurs. Seventy-eight junior spots are awarded-- 70 from two golf and life skills selection events in July, and eight exemptions distributed by The Monterey Peninsula Foundation, the host organization.

Visit the "Programs" section of the national website at: www.TheFirstTee.org for more information on all of these great opportunities and other opportunities for your child!